

FOOD *First*

SIKORSKY WEST

Monday – Friday | 5:30 am – 1:00 pm
MARKETPLACE RETAIL OPEN TO 8.15 PM

WEEK OF JULY 20

GRILL FEATURES

MONDAY
CHICKEN TENDER BASKET 10.49
served with french fries and 16.9oz bottled water

AVAILABLE ALL WEEK

ALL AMERICAN PIZZA FRY TOSS 11.50
french fries, chicken tenders, marinara sauce, pepperoni, shredded cheese, parmesan and basil
BIG BUNS-ANNIVERSARY BURGER 11.50
angus beef patty, mustard aioli, cheddar cheese, bacon, onions, lettuce, tomato, big buns seasoning

DELI FEATURES

MONDAY & FRIDAY – CREATE YOUR OWN

AVAILABLE TUES- THURS
includes choice of side

ITALIAN ANTIPASTI WRAP
diced salami & capicola, provolone, oven roasted mushrooms, roasted peppers, kalamata olives, chopped greens, balsamic dressing in a wrap

TARRAGON CHICKEN SALAD CROISSANT
herbed chicken salad with grapes served on croissant with spinach



SWAP YOUR SIDE

FIT roasted bell pepper salad (V)
6" - 10.99 - 12" - 16.19

PICCOLA ITALIA

margherita pizza - \$12
baked sausage and peppers
pasta bowl - \$10
broccoli cheddar and bacon
calzone - \$9.50

**SOMETHING
DELICIOUS
AWAITS YOU**

RISE & SHINE



Breakfast Specials

MONDAY- double double special with 16.9oz water or medium house coffee 7.40
TUESDAY- croissant breakfast club (morning monte) 8.00
WEDNESDAY- the triple threat bagel sandwich 8.00
THURSDAY - two turkey sausage, egg whites, breakfast taco with side fruit 8.00
FRIDAY- loaded hashbrown bowl with 16.9oz water or medium house coffee 7.40

MONDAY

GUEST APPRECIATION: CRISPY BUFFALO CAULIFLOWER OR CHICKEN SALAD 10.25
FIT baked spicy crispy cauliflower (V) or chicken with lettuce, celery, carrots, blue cheese, and creamy buffalo sauce and a 20oz water or soda

HOT GRAZE: .70oz
Ancho pineapple glazed bbq pork ribs, herb roasted chicken creamy mac and cheese, roasted potatoes, vegetable and more

TUESDAY

LITTLE LIME: ZUCCHINI & CORN, STEAK, OR SHRIMP FAJITAS 11.00/12.45
choice of **FIT** zucchini and corn (V), **FIT** steak, or shrimp fajitas with peppers and onions, red rice, refried pinto beans, pico de gallo, shredded cheese, lettuce, jalapenos, and sour cream. Add cinnamon churro +2.90

HOT GRAZE .70oz
vegetable cashew almond shahi korma (V), paneer makhni (V), or butter chicken with vegetable palao rice, spinach dal, vegetable samosa, and naan

WEDNESDAY

GLORY DAYS PATIO GRILL: AMERICAN BACKYARD BBQ 13.00
choice of two beef hot dogs, burgers, turkey and veggie burger, baked beans, classic coleslaw, potatoes salad and a 20oz bottled water or soda

HOT GRAZE: .70oz
assorted chicken wings with buffalo, jerk sauce, bbq, sweet chili, jamaican beef patties, waffle fries, carrots, celery, blue cheese or ranch

THURSDAY

KITCHEN AND CO.: GARLIC SAGE PORK CHOP OR BUTTERMILK FRIED CHICKEN 11.00
choice of garlic sage pork chop or **FIT** buttermilk fried chicken thigh with smash roasted red potatoes, collard greens with pork belly, and honey butter sesame roll. Add banana pudding poke cake +2.95

HOT GRAZE .70oz
Orange peel chicken, beef and broccoli, vegetable fried rice with egg, lo mein noodle, steamed brown rice dumpling, egg roll and more

FRIDAY

HOT GRAZE .70oz
stuffed catfish with creamy sauce and spinach, grilled herb chicken, au gratin potatoes, pasta, vegetable and more

CONNECT WITH *Us*



<https://eurestcafes.compass-usa.com/Sikorsky>



Catherine.Carlucci@compass-usa.com

FOOD *First*

SIKORSKY EAST

Monday – Friday | 5:30 am – 12:30pm

WEEK OF JULY 20

GRILL FEATURES

AVAILABLE ALL WEEK
includes choice of side

CHICKEN TENDER BASKET 10.50
served with french fries and 16.9oz bottled water

ALL AMERICAN PIZZA FRY TOSS 11.50
french fries, chicken tenders, marinara sauce, pepperoni, shredded cheese, parmesan and basil

BIG BUNS-ANNIVERSARY BURGER 11.50
angus beef patty, mustard aioli, cheddar cheese, bacon, onions, lettuce, tomato, big buns-line seasoning

DELI FEATURES

MONDAY & FRIDAY – CREATE YOUR OWN

AVAILABLE TUES- THURS
includes choice of side

ITALIAN ANTIPASTI WRAP
diced salami, provolone, oven roasted mushrooms, roasted peppers, kalamta olives, chopped greens, balsamic dressing in a wrap

TARRAGON CHICKEN SALAD CROISSANT
herbed chicken salad with grapes served on croissant with lettuce

SWAP YOUR SIDE

FIT roasted bell pepper salad (V)
6" – 10.99
12" – 16.19

PICCOLA ITALIA

margherita pizza –\$12
baked sausage and peppers pasta bowl –\$10
broccoli cheddar and bacon calzone –\$9.50

**SOMETHING
DELICIOUS
AWAITS YOU**

RISE & SHINE



TRIPLE THREAT BAGEL

cage free egg, ham, bacon, sausage with american cheese and chive cream cheese on a toasted bagel
8.00

CROISSANT BREAKFAST CLUB

croissant with turkey, bacon, egg, swiss and tomato with dijon-aise
8.00

MONDAY

HOT GRAZE: .70oz
ancho pineapple glazed bbq pork ribs, herb roasted chicken, creamy mac and cheese, roasted potatoes, vegetables and more

TUESDAY

HOT GRAZE .70oz
choice of vegetable cashew almond shahi korma (V), paneer makhini (V), or butter chicken with vegetable palao rice, spinach dal, and naan. Add vegetable samosa and more

WEDNESDAY

HOT GRAZE: .70oz
assorted chicken wings with buffalo, jerk sauce, bbq, sweet chili, jamaican beef patties, potato wedges, carrots, celery, blue cheese or ranch

THURSDAY

HOT GRAZE .70oz
Orange peel chicken, beef and broccoli, vegetable fried rice with egg, lo mein noodle, steamed brown rice dumpling, egg roll and more

FRIDAY

HOT GRAZE .70oz
stuffed catfish with creamy sauce and spinach, grilled herb chicken, au gratin potatoes, pasta, vegetable and more

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James. Scott 203-386-5131 | James.Scott@compass-usa.com

FOOD *First*

SIKORSKY WEST 2ND SHIFT

Monday - Friday | 3:00pm to 8:15pm
MARKETPLACE RETAIL OPEN TO 8.15 PM

WEEK OF JULY 20

GRILL FEATURES

NOW SERVING PREMIUM, MADE TO ORDER
BURGERS AND CHICKEN SANDWICHES

HAND MADE CHEESEBURGER \$10.95

HAND MADE HAMBURGER \$9.85

FRESH GRILLED CHICKEN SANDWICH \$8.80

CHICKEN TENDER & FRIES BASKET
\$10.50

4oz BEEF BURGER \$4.95

ALL BEEF HOT DOG \$3.75

ADD A SIDE

FIT roasted bell pepper salad (V)

BREAKFAST SANDWICHES &

OMELETS MADE TO ORDER

PICCOLA ITALIA

margherita pizza - \$12
baked sausage and peppers \$10
broccoli cheddar and bacon
calzone - \$9.50

SOMETHING
DELICIOUS
AWAITS YOU

DELI FEATURES



TUESDAY - THURSDAY

ITALIAN ANTIPASTI WRAP

diced salami, provolone, oven roasted mushrooms, roasted peppers, kalamata olives, chopped greens, balsamic dressing in a wrap

TARRAGON CHICKEN SALAD CROISSANT

herbed chicken salad with grapes served on croissant with lettuce

MONDAY

HOT GRAZE:

.70oz

ancho pineapple glazed bbq pork ribs, herb roasted chicken creamy mac and cheese, roasted potatoes, vegetable and more

TUESDAY

HOT GRAZE

.70oz

choice of vegetable cashew almond shahi korma (V), paneer makhni (V), or butter chicken with vegetable palao rice, spinach dal, and naan. Add vegetable samosa and more

WEDNESDAY

HOT GRAZE:

.70oz

assorted chicken wings with buffalo, jerk sauce, bbq, sweet chili, jamaican beef patties, potato wedges, carrots, celery, blue cheese or ranch

THURSDAY

HOT GRAZE

.70oz

orange peel chicken, beef and broccoli, vegetable fried rice with egg, lo mein noodle, steamed brown rice dumpling, egg roll and more

FRIDAY

HOT GRAZE

.70

stuffed catfish with creamy sauce and spinach, grilled herb chicken, au gratin potatoes, pasta, vegetable and more

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